
Pain Drawing Scoring

Examinee name: _____ Date: ____/____/____

Instructions: Score as indicated and total.

? Unreal drawings (poor anatomic localization; scores 2 unless indicated; bilateral pain not weighted unless indicated).

- ? total leg pain
 - ? lateral whole leg pain (trochanteric area and lateral thigh allowed)
 - ? circumferential thigh pain
 - ? bilateral anterior tibial area pain (unilateral allowed)
 - ? circumferential foot pain (scores 1)
 - ? bilateral foot pain (scores 1)
 - ? use of all four modalities suggested in instructions (we feel patient is unlikely to have ? burning areas, ? stabbing pain, pins and needles, and numbness all together; scores 1)
- Score:

? Drawings showing ? expansion? or ? magnification? of pain (may also represent unrelated symptomatology; bilateral pain not weighted).

- ? back pain radiating to iliac crest, groin, or anterior perineum (each scores 1; coccygeal pain allowed)
 - ? anterior knee pain (scores 1)
 - ? anterior ankle pain (scores 1)
 - ? pain drawn outside the outline; this is a particularly good indication of magnification (scores 1 or 2 depending on extent)
- Score:

? ?I Particularly Hurt Here? indicators

Some patients needing to make sure the physician is fully aware of the extent of symptoms may: (each category scores 1; multiple use of each category is not weighted)

- ? add explanatory notes
 - ? circle painful areas
 - ? draw lines to demarcate painful areas
 - ? use arrows
 - ? go to excessive trouble and detail in demonstrating the pain areas (using the symbols suggested)
- Score:

? ?Look How Bad I Am? indicators

Additional painful areas in the trunk, head, neck, or upper extremities drawn in. Tendency toward total body pain (scores 1 if limited to small areas, otherwise scores 2).

Score:

TOTAL: ____ ? normal (score ≤ 2) ? suggests poor psychometrics

Source: Ransford AO, Cairns D, Mooney V. The pain drawing as an aid to the psychologic evaluation of patients with low-back pain. *Spine*. 1976; 1(2):127-134.